



A guide to MyChart for parents

At Novant Health, we are glad you have taken an active role in your child's health, and salute you for guiding him or her through childhood. MyChart, a free, online tool that allows you to remotely and securely manage your personal health information, can also be a useful tool in managing your child's medical information. This flier outlines your rights as the parent or legal guardian of a minor that is not emancipated:

From birth to 11-years-old, you may request full access to your child's MyChart account. This includes access to the child's appointments, visit information, medications, immunizations and problem lists. Your child has no access to the the child's own MyChart account until the child turns 12 years-old.

When your child is between 12 and 15-years-old, your access to the MyChart account becomes limited. Numerous state and federal laws provide adolescents with increased confidentiality and limit the amount of medical information that a parent or guardian may access. Lawmakers and healthcare providers generally agree that confidentiality is vital to many teenagers' willingness to seek medical services for sensitive issues or share what they believe to be embarrassing (yet crucial for appropriate care) information with a healthcare provider.

These restrictions are implemented to ensure that the child's confidential information is not inadvertently released to a parent.

At the discretion of their provider, children in this age range may have full access to their personal medical information contained within MyChart. As a parent, you will no longer be able to access your child's complete medical information through MyChart. You will have the option to make or request appointments, see or edit their administrative information (email, address and insurance) and review or print their immunization records. Additionally, both you and your child have the option to send private messages to their provider via MyChart.

When your child turns 16 years-old, you will no longer have any access to the child's MyChart account and the child will receive the same access to the child's online medical information as an adult.

For more information concerning the importance of adolescent confidentiality at the doctor's office, we recommend you talk with your child's provider.